



DIGITAL PATHWAYS

ONLINE INDEPENDENT LIVING SKILLS
PROGRAM



PROGRAM OVERVIEW

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Online Independent Living Skills Program is a comprehensive online learning opportunity for students in the Independent Living (ILP) Program (laptop and printer for each student optional). Name brand laptop computers, "All-In-One" printers, Microsoft Office software, combined with thematic online ILP skills lessons, align with the training framework described by the John H. Chafee Act.

"Activities and programs include, but are not limited to, help with education, employment, financial management, housing, emotional support and assured connections to caring adults for older youth in foster care." The online ILP Skills program also supports the Ansel-Casey assessment tool, and the National Youth in Transition Database tool.

CORE DESIGN FEATURES:



New laptop computer, color ink jet "All-In-One" printer, and Microsoft Office "Standard" software (Word®, Excel®, PowerPoint®, Outlook®, OneNote®, Publisher®)



Customized catalog of 90 lessons available to each ILP subscriber



One year subscription to online ILP workshop for participants



Learner Management System (LMS) enabling relevant stakeholders to monitor, review, and control ILP subscribers' progress and access other significant data and reports



Countywide License providing 24/7 "anytime anywhere access" for each ILP subscriber



Web-based and onsite staff training (up to three per calendar year) program implantation, management, and follow-up evaluation staff training

ILP YOUTH EXPERIENCE

LAPTOP COMPUTER & PRINTER

participating students receive:

- New Name Brand Laptop (i.e., Dell®, HP®, Acer®, IBM Lenovo®)
- Color Ink-Jet "All-In-One" Printer
- Microsoft Office® Standard Software (Word®, Excel®, PowerPoint®, Outlook®, OneNote®, Publisher®)

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Online Independent Living Skills Program

courses are interactive and include voice over technology. Each lesson is easy to use with content relevant to young adults advancing toward independence. "Engaging", "interactive", "self-paced", and "easy to use" are some of the comment's students noted when questioned about their experience with the Independent Living Skills Online courses.

The online learning format aligns with 21st Century Learning principles and the Smarter Balanced Assessment online testing format.

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Independent Living Skills Online Student Learning consists of:

One-year online subscription for each student participant.

A customized catalog of up to 90 online Independent Living Skills lessons organized in five thematic catalogs:

- CAREER AND SCHOOL
- **RELATIONSHIPS**
- HEALTH AND LEISURE
- LIFE SKILLS
- FINANCIAL MANAGEMENT

Each student's online learning portfolio will include a set of lessons representing the five thematic catalogs customized by agency leadership.

Each lesson includes a cumulative assessment to measure participants' comprehension of the lesson content. Certificates are awarded to students who earn a 70% or greater assessment score (90 lesson certificates available).

ILP STAFF Experience

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Online Independent Living Skills Program consists of:

Up to three web-based or site-based training workshops each calendar and/or contract year.

- Workshop I (approximately 20 people): Learner Management System (LMS) hands-on training. Participants will be introduced to the Independent Living Skills curriculum and Learner Management System (LMS).
- Workshop II (approximately 20 people):
 Advance Learner Management System (LMS) handson training. Participants will be introduced to more
 advanced features of the Learner Management System
 (LMS).
- Workshop III (approximately 20 people): The Instructional Access leadership team and the sponsoring agency's management team will evaluate program implementation, students' progress, and the efficacy of the Learner Management System (LMS). The team will adjust the program to maximize efficiencies and promote greater student success moving forward.
- The sponsoring agency's management and staff will have online "anytime/anywhere" access to students' progress via the Learner Management System (LMS)

ONLINE CURRICULUM COURSE PORTFOLIO

The online independent living lessons are interactive and organized into five thematic catalogs that align with the mandates of the John H. Chafee Act, the Ansel-Casey assessment tool, and the National Youth in Transition Database. The lessons vary in length and can take participants between 25 minutes to one hour to complete.

Participants receive a certificate of completion if they demonstrate mastery (70%) on the quiz at the end of each lesson. The certificates are often used for extra credit, incentives, benchmarks, rewards, prerequisites, etc. The certificates can also be used to create or add to student portfolios.

The table below is a sample of a customized ILP Online lessons portfolio. Upon the award of a contract, the sponsoring agency staff will identify 90 lessons from the five catalogs available to establish a customized portfolio for ILP participant.

SAMPLE CUSTOMIZED ILP ONLINE LESSON PORTFOLIO

CATALOG		COURSE
CAREER/SCHOOL 6 categories/18 lessons	1	Career Exploration
	2	Creating an Educational Plan
	3	Education and a Career
	4	Time Management
	5	Completing Homework
	6	Influences on Study Habits
	7	Study Techniques
	8	Using the Internet as a Study Resource
LIFE SKILLS 6 categories/29 lessons	9	Decisions and Choices
	10	Goal Setting: Discovering your gifts
	11	Cleaning a Kitchen
	12	Need 2 Know: Around the House
	13	Go Green around the Home
	14	Dining Etiquette
	15	Tablescapes: Setting the Table
	16	Why We Eat What We Eat
	17	Educational Resources
	18	Completing Homework
	19	Influences on Study Habits
	20	Study Techniques
	21	Using the Internet as a Study Resource
FINANCE 7 categories/ 32 lessons	22	Savings Accounts
	23	Grocery Shopping Challenge
	24	Grocery Shopping Secrets
	25	Grocery Shopping
	26	Cracking the Advertising Code

CATALOG		COURSE
HEALTH & LEISURE 7 categories/31lessons	27	Breakfast Because
	28	Anatomy of My Pyramid
	29	Barriers to Healthy Decision Making
	30	Influences on Healthy Behaviors
	31	Minor Illness First Aid
	32	Obesity in a Bottle
	33	Smart Nutrition
	34	Nutrition Labels: Start with Breakfast
	35	Teen Nutrition
	36	C.A.T.C.H. onto Good Hygiene
	37	Looking Good: Without a Clue
	38	First Aid
	39	Risks of Tobacco, Alcohol and Drug Use
	40	Teen Safety: Myths vs. Reality
	41	Teen Safety: When You Are Alone
	42	Developing Personal Health Goals
RELATIONSHIPS 5 categories/29 lessons	43	Teen Safety: Dating and Relationships
	44	Cyber safety
	45	Prejudice and Stereotyping
	46	Finding and Using Resources on the Internet
	47	Character: Self Esteem Basics
	48	Impacts of Abuse, Dishonesty, and Disrespect
	49	The Power of Family
	50	Support Systems